



Ergonomics

Remove Watermark Now

Ergonomics is the science of fitting a job to a person and helps lessen muscle fatigue, increases productivity and reduces the number and severity of work-related Musculoskeletal Disorders (MSDs).

Visit www.osha.gov for complete details and regulation requirements.



611



The Mustang® Back Support with Suspenders

Features 8 1/4" wide powerful elastic back panel, breathable, polypropylene mesh body, solid elastic sidebands and (4) super memory plastic stays. Two silicone "grip strips" inhibit riding up, and stiffening mesh at abdominal closure reduces front rolling. Includes sewn-on suspenders. Black.

Warning: If the user now has or has ever had any condition, treatment or problem that would be affected by frequent heavy lifting, a health professional should be contacted before using this product.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
611-M	325371121	Back support w/ suspenders	M	Ea
611-L	325371131	Back support w/ suspenders	L	Ea
611-XL	325304451	Back support w/ suspenders	XL	Ea
◆ 611-2XL	325304471	Back support w/ suspenders	2XL	Ea



Value Super Maxx Back Support

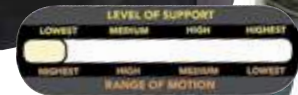
Delivers firm and comfortable broad lower back and abdominal support. Adjusts instantly for light to heavy lifting. Encourages proper posture when lifting, standing, walking, sitting, driving or playing sports. Features 8" breathable spandex mesh lumbar panel with elastic stretch panel with (4) plastic stays, (2) silicone threaded "grip strips", 1 1/2" detachable hook-and-loop suspenders and dual panel hook-and-loop closure. Black.

Warning: If the user now has or has ever had any condition, treatment or problem that would be affected by frequent heavy lifting, a health professional should be contacted before using this product.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
626-M	325308061	Value Super Maxx back support	M	Ea
626-L	325308071	Value Super Maxx back support	L	Ea
626-XL	325308021	Value Super Maxx back support	XL	Ea
626-2XL	325308341	Value Super Maxx back support	2XL	Ea



626



Premium Lumbar Support

Elastic body is made of power knit nylon with lumbar support pad. Double hook-and-loop closure system provides easy adjustment. Suspenders are 1 1/2" wide and are detachable if not needed. Back support is 9" wide. Black.

Warning: If the user now has or has ever had any condition, treatment or problem that would be affected by frequent heavy lifting, a health professional should be contacted before using this product.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
◆ OK-1000S-M	325341011	Premium lumbar support	M	Ea
OK-1000S-L	325341021	Premium lumbar support	L	Ea
◆ OK-1000S-XL	325341031	Premium lumbar support	XL	Ea
◆ OK-1000S-2XL	325341041	Premium lumbar support	2XL	Ea



OK-1000S

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Premium Lifters Support

Constructed of durable polyester fabric with a solid inner core. Features an internal lumbar support pad. Adjust easily with double hook-and-loop closure system. Back support is 5" wide. Black.

Warning: If the user now has or has ever had any condition, treatment or problem that would be affected by frequent heavy lifting, a health professional should be contacted before using this product.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
◆ OK-SS-5-M	325377001	Premium lifters support	M	Ea
◆ OK-SS-5-L	325377011	Premium lifters support	L	Ea
◆ OK-SS-5-XL	325377021	Premium lifters support	XL	Ea
◆ OK-SS-5-2XL	325377031	Premium lifters support	2XL	Ea



OK-SS-5



www.occunomix.com/products/media/wysiwyg/Size_Charts/O.pdf



Classic Universal Back and Abs Support

Body is constructed with a cool mesh and has a double hook-and-loop closure system. Suspenders are 1 1/2" wide and detachable. Rubber grippers help keep belt in place. Back support is 9" wide and one size fits most (26"-48"). Black.

Warning: If the user now has or has ever had any condition, treatment or problem that would be affected by frequent heavy lifting, a health professional should be contacted before using this product.

ITEM #	ORDER #	DESCRIPTION	UOM
◆ OK-UNIV	325316671	Universal back & abs support	Ea



ProFlex® 1650 Economy Elastic Back Supports

All-elastic body (7 1/2" wide) provides firm support, comfort, fit and durability. Two-stage closure adjusts first for exact fit and then for desired level of tension, reminding wearers to lift properly. Features single layer 5" elastic single strap for positive tension and adjustable 1 1/2" knit elastic suspenders that are detachable and cut wide for improved fit. Machine washable. Black.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
11093	332100021	ProFlex economy elastic back support	M	Ea
11094	332100011	ProFlex economy elastic back support	L	Ea
11095	332100041	ProFlex economy elastic back support	XL	Ea
11096	332100051	ProFlex economy elastic back support	2XL	Ea



11093

Easy Dos and Don'ts for Safe Lifting

Do:

- Keep your head up and your back straight, and bend at your hips.
- Bring the load as close to you as possible before lifting.
- Lift with your legs, not your back.
- Shift your feet to turn.
- Keep the load directly in front of your body.
- Try to perform lifts at waist height with your elbows in close to your body.
- Limit lifting by hand. Use mechanical lifts or get help.
- Stay fit to help avoid injury.

Don't:

- Lift heavy loads (35 lbs. or more). Get help.
- Reach across something to lift a load.
- Lift bulky or uneven loads.
- Reach to the side or lift while twisting.

Source: www.osha.gov



ProFlex® 100 Economy Back Supports

Durable 280-denier spandex body cloth provides breathable comfort and holds its shape over time. Features rubber-tracked webbing to keep the support in place and stretchable bias binding with zig-zag stitching. Adjustable 2-stage closure reminds wearers to lift properly. Detachable and adjustable 1 1/2" knit elastic suspenders. Black.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
11383	332100951	ProFlex economy back support	M	Ea
11384	332100961	ProFlex economy back support	L	Ea
11385	332100971	ProFlex economy back support	XL	Ea
11386	332100981	ProFlex economy back support	2XL	Ea



11383



11284



ProFlex® 2000SF High-Performance Back Supports

Contoured V-shape naturally positions the back support. Sticky Fingers® stays provide excellent gripping properties and deliver firm, continuous lower back and abdominal support. Power Panel Positioners™ keep elastic bands close to sides so they won't fall out of reach when not in use. Also features reinforced woven cinch tabs and 840-denier durable spandex body cloth for breathability and consistent stretch. Adjustable 2-stage closure reminds wearers to lift properly. Includes detachable 1 1/2" knit elastic suspenders. Machine washable. Black.

ITEM #	ORDER #	DESCRIPTION	SIZES	UOM
◆ 11283	332100791	ProFlex high-performance back support	M	Ea
11284	332100801	ProFlex high-performance back support	L	Ea
11285	332100811	ProFlex high-performance back support	XL	Ea
11286	332100821	ProFlex high-performance back support	2XL	Ea



Check out our Impact-Resistant Gloves starting on page 125.



INSIDE



Premium Flat Cap Gel Knee Pads

Adjustable sizing pad reduces rocking to assure proper fit. Over-sized, abrasion-resistant hard plastic cap with flat kneeling surface provides greater kneeling stability. Gel-injected EVA foam padding to absorb impact and provide superior comfort. Hook-and-loop neoprene split strap closure to avoid bunching and slipping. One size fits all. Black.

ITEM #	ORDER #	DESCRIPTION	UOM
121	325303131	Flat cap gel knee pads	Pr



121



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125



Value Contoured Hard Cap Knee Pads

Abrasion-resistant PE plastic hard caps offer heavy-duty protection against injuries often sustained in rigorous kneeling conditions. Lightweight pads feature EVA foam padding and adjustable straps to ensure hours of comfortable, productive work. One size fits all. Blue.

ITEM #	ORDER #	DESCRIPTION	UOM
125	325303161	Hard cap knee pads, adjustable straps	Pr



Classic Wide Cap Knee Pads

Large, flexible PVC cap and EVA soft foam padding provide a dome of comfortable protection, extra durability and flexibility. Adjustable hook-and-loop straps guard against annoying shifting to keep pad in place. One size fits all. Blue.

ITEM #	ORDER #	DESCRIPTION	UOM
126	325303181	Classic wide cap knee pads	Pr



126



OK-KP-350-06



Classic Fabric Knee Cap Pads

Ideal for delicate surfaces. Lightweight and comfortable. Features high-density foam body, durable 600-denier polyester and hook-and-loop closure. Black.

ITEM #	ORDER #	DESCRIPTION	UOM
OK-KP-350-06	325309801	Classic fabric knee cap pads	Pr



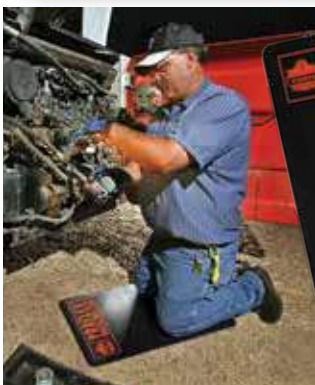
ProFlex® 335 and 335HL Slip-Resistant Cap Knee Pads

Slip-resistant rubber cap design grips work surfaces for firm hold, and 840-denier nylon fabric cover stands up to tough jobs. Features long design for maximum surface coverage and 12 mm NBR foam padding for firm, consistent support. Woven elastic straps extend wear. Anti-odor treated. Wipes clean with damp cloth. Black.

ITEM #	ORDER #	DESCRIPTION	CASE QTY	UOM
18335	332104391	Slip-resistant caps, buckle closure	6/Pr/Bx	Pr
18336	332104401	Slip-resistant caps, hook-&-loop closure	6/Pr/Bx	Pr



18335



18380



ProFlex® Kneeling Pad

Non-conductive, silicone-free, corrosion-resistant design with closed-cell foam rubber construction will not easily compress. Resistant to petroleum products and other liquids. Built-in handle for portability. Measures: 14" x 21" x 1". Black.

ITEM #	ORDER #	DESCRIPTION	UOM
18380	332104451	Model 380 kneeling pad	Ea